

# The General instructions for the 2016 Student Health Checkup and the results

## <What to bring>

1. **Health Checkup Questionnaire (Please complete beforehand and bring to the venue on the day)**  
(A copy can be downloaded from the website of the health care service center or picked up at the health care service center in Ueno and its branch in Toride.)
2. **Student Health Record** \* A blank record will be distributed to **new students** at the orientation. **Please fill in the area surrounded by bold lines beforehand.**  
(Current students: If you have attended a previous health examination, you will receive your record at the venue. If you have never attended a health examination, you will receive an empty form to fill in at the venue.)
3. **Glasses / Contact lenses** (If you wear them)

## <What to wear>

- Wear a two-piece outfit ( i.e. Do not wear a one-piece or overalls) to receive a chest x-ray/auscultation.
- Wear or bring a **plain T-shirt** (Items with lamé, prints, embroideries, buttons, metal ornaments are not suitable for undergoing a chest X-ray) Also, avoid wearing accessories.
- If your hair is shoulder-length or longer, tie it.

## Important notice

- If you are currently pregnant or there is a possibility that you may be pregnant, do not undergo a chest X-ray.

## «Health Certificate / Checkup Results»

1. **If you received a letter inviting you to a “follow-up examination” at the end of the health checkup...**  
**Students of the Ueno/Toride/Senju campus** : Please make an appointment for a medical consultation at the health care service center in Ueno or its branch in Toride.  
**Students of the Yokohama campus** : Please make an appointment for a medical consultation at a near-by medical institution as instructed in the letter. You can also see a campus doctor in the health care service center in Ueno. \* Prior booking is essential. Telephone booking is also available.
2. **If you need a “follow-up examination” as the result of a chest X-ray or consultation etc. . . .** You will be contacted by the health care service center later.
3. **If your results said ”not particular” or if you have finished a “follow-up examination” . . .**  
Health certificates are issued by the automated certificate issuing machines on campus. Certificates for 2016 will be ready around May 20, 2016. \* Your health certificate is available until one day prior to the date of graduation.

Inquiry: Tokyo University of the Arts Health Care Service Center TEL 050-5525-2460 (Opening hours: 10:30-16:30)  
Health Care Service Center Toride Branch TEL 050-5525-2547 (Opening hours: 10:30-16:30)